

HOW TO DISCOVER JOY

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Woodland Church

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“Sometimes something useless happens on earth. Bad things happen to good people, and good things happen to bad people.” (Ecclesiastes 8:14, NCV)

1. BRING YOUR GRIEF.

*“God blesses those people who grieve. They will find comfort!”
(Matthew 5:4, CEV)*

“O my people, trust in him at all times. Pour out your heart to him, for God is our refuge.” (Psalm 62:8, NLT)

2. BE VULNERABLE.

“Stoop down and reach out to those who are oppressed. Share their burdens, and so complete Christ’s law.” (Galatians 6:2, Message)

“Share each other’s troubles and problems, and so obey our Lord’s command.” (Galatians 6:2, LB)

3. CHOOSE JOY.

“In all this you greatly rejoice, though now for a little while you may have had to suffer grief in all kinds of trials.” (1 Peter 1:6, NIV)

GROWTHWORK

1. REMEMBER WHAT REALLY MATTERS.

“I pray that your love will overflow more and more, and that you will keep on growing in knowledge and understanding. For I want you to understand what really matters, so that you may live pure and blameless lives until the day of Christ’s return.” (Philippians 1:9–10, NLT)

2. PUT YOUR FAITH IN JESUS CHRIST.

“I do believe, but help me overcome my unbelief!” (Mark 9:24, NLT)

“He is so rich in kindness and grace that he purchased our freedom with the blood of his Son and forgave our sins. He has showered his kindness on us, along with all wisdom and understanding.” (Ephesians 1:7–8, NLT)

JESUS WILL GIVE YOU...

...STRENGTH.

“For I can do everything through Christ, who gives me strength.”
(Philippians 4:13, NLT)

...PEACE.

“You will keep in perfect peace all who trust in you, all whose thoughts are fixed on you!” (Isaiah 26:3, NLT)

...A FUTURE

“For I know the plans I have for you,” says the LORD. “They are plans for good and not for disaster, to give you a future and a hope.” (Jeremiah 29:11, NLT)

“Their circumstances will never shake them and others will never forget their example. They will not live in fear or dread of what may come, for their hearts are firm, ever secure in their faith.” (Psalm 112:6-7, PT)