

HOW TO ACHIEVE YOUR LIFE GOALS

Life Goals #5

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Sunday, January 31, 2021

“On with it, then, and finish the job! Be as eager to finish it as you were to plan it, and do it with what you now have.” (2 Corinthians 8:11, GN)

1. MY LIFE GOALS REQUIRE A BEGINNING.

*“Finishing is better than starting. Patience is better than pride.”
(Ecclesiastes 7:8, NLT)*

*“Who has anguish? Who has sorrow? Who is always fighting? Who is always complaining? Who has unnecessary bruises? Who has bloodshot eyes? It is the one who spends long hours in the taverns, trying out new drinks. **Don’t gaze at the wine, seeing how red it is, how it sparkles in the cup, how smoothly it goes down. (Proverbs 23:31, NLT)** For in the end it bites like a poisonous snake; it stings like a viper. You will see hallucinations, and you will say crazy things. You will stagger like a sailor tossed at sea, clinging to a swaying mast. And you will say, “They hit me, but I didn’t feel it. I didn’t even know it when they beat me up. When will I wake up so I can look for another drink?” (Proverbs 23:29–35, NLT)*

2. IDENTIFY YOUR NEXT STEPS.

“When you tell me, then I’ll know what my next step should be, whether to move this way or that.” (Genesis 24:49, LB)

3. SCHEDULE YOUR NEXT STEPS.

“Next, learn to put aside your own desires so that you will become patient and godly, gladly letting God have his way with you. This will make possible the next step, which is for you to enjoy other people and to like them, and finally you will grow to love them deeply.” (2 Peter 1:6–7, LB)

- a. Reduce the friction.
- b. Use a tool that you enjoy.
- c. Decide if your calendar should be shared.
- d. Focus on the rule of three.
- e. Preview
 - i. Identify your big wins?
 - ii. Review your past week's top three.
 - iii. What is still on your to do list?
- f. Plan your week.
 - i. What appointments do you have?
 - ii. What are your top three goals for the week?
 - iii. Put on your oxygen mask.

4. ESTABLISH DAILY ROUTINES.

“They are constantly in my thoughts. I cannot stop thinking about your mighty works.” (Psalm 77:12, NLT)

“And I will meditate on all your works, and on your habits I will meditate.” (Psalm 76:13, LES)

“I do want to point out, friends, that time is of the essence. There is no time to waste, so don't complicate your lives unnecessarily. Keep it simple—in marriage, grief, joy, whatever. Even in ordinary things—your daily routines of shopping, and so on.” (1 Corinthians 7:29–30, Message)

LIFE GOALS RESOURCE LIST

1. *The Holy Bible* – especially Psalms, Proverbs, Ecclesiastes, The Gospels, Acts, Romans, and Philippians
 - a. Read five Psalms each day.
 - b. Read one chapter of Proverbs each day.
 - c. Focus on Ecclesiastes, the Gospels, and the Books of Romans and Philippians this year.
2. *Free to Focus* by Michael Hyatt
3. *Goals* by Zig Ziglar
4. *The Blessed Life* by Robert Morris
5. *Divine Time Management* by Elizabeth Grace Saunders
6. *If* by Mark Batterson
7. *Walking the Path of Prayer* by Jack Hayford
8. *Essentialism* by Greg McKeown
9. *Deep Work* by Cal Newport
10. *Risk is Right* by John Piper
11. *Rethinking Retirement* by John Piper