

## HOW TO BE FORGIVEN

Loved & Forgiven #1

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Woodland Church

Easter Sunday, April 4, 2021

*“Then the two from Emmaus told their story of how Jesus had appeared to them as they were walking along the road, and how they had recognized him as he was breaking the bread. And just as they were telling about it, Jesus himself was suddenly standing there among them. “Peace be with you,” he said. But the whole group was startled and frightened, thinking they were seeing a ghost! “Why are you frightened?” he asked. “Why are your hearts filled with doubt? Look at my hands. Look at my feet. You can see that it’s really me. Touch me and make sure that I am not a ghost, because ghosts don’t have bodies, as you see that I do.” As he spoke, he showed them his hands and his feet. Still they stood there in disbelief, filled with joy and wonder. Then he asked them, “Do you have anything here to eat?” They gave him a piece of broiled fish, and he ate it as they watched. Then he said, “When I was with you before, I told you that everything written about me in the law of Moses and the prophets and in the Psalms must be fulfilled.” Then he opened their minds to understand the Scriptures. And he said, “Yes, it was written long ago that the Messiah would suffer and die and rise from the dead on the third day. It was also written that this message would be proclaimed in the authority of his name to all the nations, beginning in Jerusalem: ‘There is forgiveness of sins for all who repent.’” (Luke 24:35–47, NLT)*

### 1. We are **blinded** by our sin.

*“How can I know all the sins lurking in my heart? Cleanse me from these hidden faults. Keep your servant from deliberate sins! Don’t let them control me. Then I will be free of guilt and innocent of great sin.”*  
(Psalm 19:12–13, NLT)

*“You will never succeed in life if you try to hide your sins. Confess them and give them up; then God will show mercy to you.”* (Proverbs 28:13, GN)

### 2. We **blame** others for our sin.

*“The sins of your mouth multiply evil. You have a lifestyle of lies, devoted to deceit as you speak against others, even slandering those of your own household.”* (Psalm 50:19-20, PT)

*“Some people ruin themselves by their own stupid actions and then blame the LORD.” (Proverbs 19:3, GN)*

**3. We berate ourselves for our sin.**

*“I am drowning in the flood of my sins; they are a burden too heavy to bear. Because I have been foolish, my sores stink and rot. I am bowed down, I am crushed; I mourn all day long. I am burning with fever and I am near to death. I am worn out and utterly crushed; my heart is troubled, and I groan with pain.” (Psalm 38:4–8, GNB)*

**FORGIVENESS OF MY SIN COMES  
WHEN I TURN TO FOLLOW JESUS CHRIST.**

*“There is forgiveness of sins for all who repent.” (Luke 24:47)*

**1. Admit my sin.**

*“For I know my transgressions, and my sin is ever before me.” (Psalm 51:3, ESV)*

**2. Ask for God’s forgiveness of my sin.**

*“But if we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all wickedness.” (1 John 1:9, NLT)*

**3. Accept God’s free forgiveness of my sin.**

*“He is so rich in kindness and grace that he purchased our freedom with the blood of his Son and forgave our sins.” (Ephesians 1:7, NLT)*

**a. God forgives instantly.**

*“God... is merciful and quick to forgive.” (Isaiah 55:7, GN)*

**b. God forgives completely.**

*“When you were stuck in your old sin-dead life, you were incapable of responding to God. God brought you alive—right along with Christ! Think of it! All sins forgiven, the slate wiped clean, that old arrest warrant canceled and nailed to Christ’s cross.”*

(Colossians 2:13–14, Message)

**c. God forgives repeatedly.**

*“He is able to save completely all who come to God through him. Since he will live forever, he will always be there to remind God that he has paid for their sins with his blood.”* (Hebrews 7:25, LB)