

HOW GOD HEALS OUR DOUBTS

Foundations of Healing #11

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Wednesday, July 21, 2021

1. THE HOLY SPIRIT FLOWS THROUGH THE WORD.

2. GOD HEALS THE PAINFUL EXPERIENCES OF OUR LIFE.

3. GOD'S REMEDY.

“For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline.” (2 Timothy 1:7, NLT)

- a. Fear – Love is the power of God.

*“Such love has no fear, because perfect love expels all fear.”
(1 John 4:18, NLT)*

- b. Doubt – A fourfold cure.

“But if you're not sure, if you notice that you are acting in ways inconsistent with what you believe—some days trying to impose your opinions on others, other days just trying to please them—then you know that you're out of line. If the way you live isn't consistent with what you believe, then it's wrong.” (Romans 14:23, The Message)

- i. Doubt has trouble resolving what I see with I believe.

“Truly God is good to Israel, to those whose hearts are pure. But as for me, I almost lost my footing. My feet were slipping, and I was almost gone. For I envied the proud when I saw them prosper despite their wickedness.” (Psalm 73:1–3, NLT)

- a. Doubt can happen to anyone.
 - b. Doubt can diminish our trust in God. (Genesis 3:1)
 - c. Wrestling with doubt will lead to confident faith.
(John 1:43-51; John 20:24-29)

The Cure

- Doubt your doubts.

“For I envied the proud when I saw them prosper despite their wickedness.” (Psalm 73:3, NLT)

- Gather with God’s people for worship.

“Then I went into your sanctuary, O God, and I finally understood the destiny of the wicked.” (Psalm 73:17, NLT)

- Compare the paths of faith and doubt.

“Truly, you put them on a slippery path and send them sliding over the cliff to destruction.” (Psalm 73:18, NLT)

- Let God hold you.

“Yet I still belong to you; you hold my right hand.” (Psalm 73:23, NLT)