

## HOW GOD HEALS OUR INSECURITIES

*Foundations of Healing #13*

Pastor Dennis Clanton

Woodland Church

Wednesday, August 11, 2021

If I live and think that I am a nobody, then I live as a nobody.

*“I pray that your hearts will be flooded with light so that you can understand the confident hope he has given to those he called—his holy people who are his rich and glorious inheritance.” (Ephesians 1:18, NLT)*

*“For as he thinks within himself, so he is.” (Proverbs 23:7, NASB)*

*“Then I ask, “Why do you care about us humans? Why are you concerned for us weaklings?” You made us a little lower than you yourself, and you have crowned us with glory and honor.” (Psalm 8:4–5, CEV)*

*“John told them, “I baptize with water, but right here in the crowd is someone you do not recognize. Though his ministry follows mine, I’m not even worthy to be his slave and untie the straps of his sandal.” (John 1:26–27, NLT)*

### **1. Healthy self-esteem consists of:**

**a. A unique view of myself.**

**b. A unique view of Jesus Christ.**

### **2. The view of John the Baptist is I am free from, and I forget myself.**

*“I’m not even worthy to be his slave and untie the straps of his sandal.”  
(John 1:27, NLT)*

*“As for me, it matters very little how I might be evaluated by you or by any human authority. I don’t even trust my own judgment on this point.”  
(1 Corinthians 4:3, NLT)*

*“It is the Lord himself who will examine me and decide.”  
(1 Corinthians 4:4, NLT)*

### 3. The view of John the Baptist is look to Jesus!

*“To all who believed him and accepted him, he gave the right to become children of God.” (John 1:12, NLT)*

- a. You can be driven by what others think of you.
- b. You can be driven by what you think of yourself.
- c. You can be driven by what Christ thinks of you.
- d. John the Baptist had moved into the realm of self-forgetfulness.

*“Look! The Lamb of God who takes away the sin of the world!”  
(John 1:29, NLT)*

Humility is not thinking less of yourself; it is thinking of yourself less.”  
-Rick Warren

### 4. I can be healed by faith in Christ and live for the glory of God and the good of others.

*“For you have been called to live in freedom, my brothers and sisters. But don’t use your freedom to satisfy your sinful nature. Instead, use your freedom to serve one another in love. For the whole law can be summed up in this one command: “Love your neighbor as yourself.”  
(Galatians 5:13–14, NLT)*

*“What marvelous love the Father has extended to us! Just look at it—we’re called children of God! That’s who we really are. But that’s also why the world doesn’t recognize us or take us seriously, because it has no idea who he is or what he’s up to. But friends, that’s exactly who we are: children of God. And that’s only the beginning. Who knows how we’ll end up! What we know is that when Christ is openly revealed, we’ll see him—and in seeing him, become like him.”  
(1 John 3:1–2, Message)*