

CREATED FOR PEACE NOT PANIC

Foundations of Healing #15

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Woodland Church

Wednesday, August 25, 2021

“LORD is my light and my salvation— so why should I be afraid? The LORD is my fortress, protecting me from danger, so why should I tremble? When evil people come to devour me, when my enemies and foes attack me, they will stumble and fall. Though a mighty army surrounds me, my heart will not be afraid. Even if I am attacked, I will remain confident. The one thing I ask of the LORD— the thing I seek most— is to live in the house of the LORD all the days of my life, delighting in the LORD’s perfections and meditating in his Temple. For he will conceal me there when troubles come; he will hide me in his sanctuary. He will place me out of reach on a high rock. Then I will hold my head high above my enemies who surround me. At his sanctuary I will offer sacrifices with shouts of joy, singing and praising the LORD with music. Hear me as I pray, O LORD. Be merciful and answer me! My heart has heard you say, “Come and talk with me.” And my heart responds, “LORD, I am coming.” Do not turn your back on me. Do not reject your servant in anger. You have always been my helper. Don’t leave me now; don’t abandon me, O God of my salvation! Even if my father and mother abandon me, the LORD will hold me close. Teach me how to live, O LORD. Lead me along the right path, for my enemies are waiting for me. Do not let me fall into their hands. For they accuse me of things I’ve never done; with every breath they threaten me with violence. Yet I am confident I will see the LORD’s goodness while I am here in the land of the living. Wait patiently for the LORD. Be brave and courageous. Yes, wait patiently for the LORD.” (Psalm 27, NLT)

1. I CAN LIVE FREE FROM FEAR.

“The one thing I ask of the LORD— the thing I seek most— is to live in the house of the LORD all the days of my life, delighting in the LORD’s perfections and meditating in his Temple.” (Psalm 27:4, NLT)

GOD’S PRESENCE

- a. My priority.**
- b. My delight.**
- c. My thoughts.**

“The heavens proclaim the glory of God. The skies display his craftsmanship.” (Psalm 19:1, NLT)

*“The instructions of the LORD are perfect, reviving the soul. The decrees of the LORD are trustworthy, making wise the simple. The commandments of the LORD are right, bringing joy to the heart. The commands of the LORD are clear, giving insight for living. Reverence for the LORD is pure, lasting forever. The laws of the LORD are true; each one is fair.”
(Psalm 19:7–9, NLT)*

“May the words of my mouth and the meditation of my heart be pleasing to you, O LORD, my rock and my redeemer.” (Psalm 19:14, NLT)

2. WHEN I TURN MY THOUGHTS TO GOD PEACE OVERWHELMS MY SOUL.

- a. Get the truth of God from the Bible.**
- b. Retain the truth of God.**
- c. Gaze upon the beauty of God.**

*“One thing have I asked of the Lord, that will I seek, inquire for, and [insistently] require: that I may dwell in the house of the Lord [in His presence] all the days of my life, to behold and gaze upon the beauty [the sweet attractiveness and the delightful loveliness] of the Lord and to meditate, consider, and inquire in His temple.”
(Psalm 27:4, AMP)*

3. WHEN I OBEY THE LORD I WILL LIVE IN PEACE.

“Then I will hold my head high above my enemies who surround me. At his sanctuary I will offer sacrifices with shouts of joy, singing and praising the LORD with music.” (Psalm 27:6, NLT)

“My heart has heard you say, “Come and talk with me.” And my heart responds, “LORD, I am coming.” (Psalm 27:8, NLT)

“But to as many as did receive and welcome Him, He gave the authority (power, privilege, right) to become the children of God, that is, to those who believe in (adhere to, trust in, and rely on) His name—”
(John 1:12, AMP)